



The *Great* Canadian Catholic Hospital History Project

Documenting the legacy and contribution of the
Congregations of Religious Women in Canada,
their mission in health care, and the founding and operation of Catholic hospitals.



Projet de la *Grande* Histoire des hôpitaux catholiques au Canada

Retracer l'héritage et la contribution des
congrégations de religieuses au Canada,
leur mission en matière de soins de santé ainsi que la fondation et l'exploitation des hôpitaux catholiques.

St. Joseph's Health Care System

St. Mary's General Hospital, Kitchener
St. Joseph's Hospital, Hamilton
St. Joseph's Hospital and Home, Guelph
St. Joseph's Villa, Dundas
St. Joseph's Hospital, Brantford

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St. Joseph's Healthcare, Hamilton

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St. Joseph's Health Care System

ST. MARY'S GENERAL HOSPITAL - KITCHENER

ST. JOSEPH'S HOSPITAL - HAMILTON

ST. JOSEPH'S HOSPITAL AND HOME - GUELPH

ST. JOSEPH'S VILLA - DUNDAS

ST. JOSEPH'S HOSPITAL - BRANTFORD

SEN - HAMILTON





St. Joseph's Health Care System offers a

range of quality health and social services based on the

healing mission of the 130-year-old tradition of

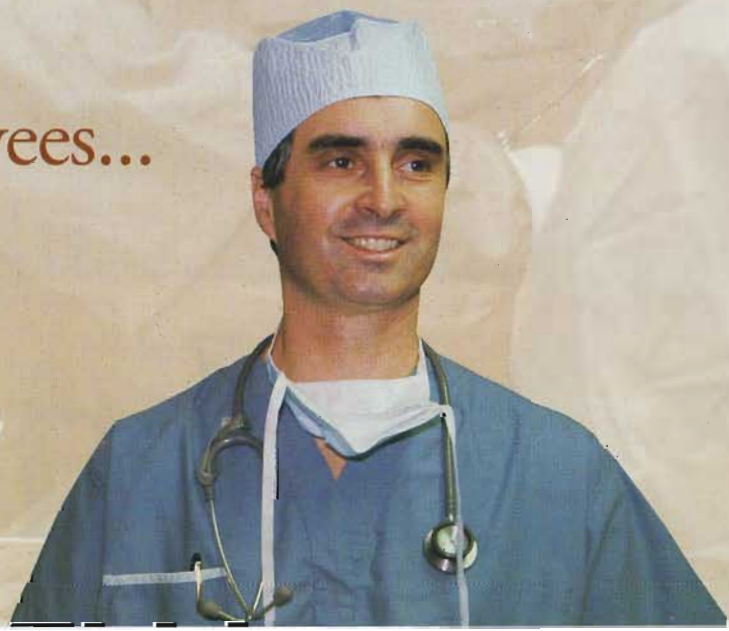
the Sisters of St. Joseph of Hamilton. Today,



St. Joseph's Health Care System is one of the largest corporations in

Canada devoted to health care. It encompasses over 5,000

employees...



...and has a combined operating budget of more than **\$280 million** per year. St. Joseph's Health Care **System** has a unique advantage: it integrates care for the whole person — **body, mind and spirit** — with research, teaching, staff development, mission, effectiveness and efficiency. Bound together by a common **mission** and philosophy, the community-based facilities of St. Joseph's Health Care **System** have become a cohesive organization offering a full **range** of health and social services, with a focus on **acute** and **long-term** care, rehabilitation, and health promotion.

St. Joseph's Health Care System provides a comprehensive network of programs and services. Through cooperation, the System supports the services of a variety of health care providers. The communities served by these institutions benefit from the strengths and the expertise of all members of the System. The delivery of values-based programs and services is the essential goal of St. Joseph's Health Care System. By exploring opportunities to consolidate expertise and to reduce costs, the System ensures that patients and residents are its major beneficiaries.

The System is efficient and cost-effective. Through group purchasing of goods and services, St. Joseph's Health Care System generates considerable savings. As the System's reputation for efficiency grows, hospitals throughout the province are joining its purchasing groups. Today, dozens of hospitals are participating in St. Joseph's Health Care System's group purchasing programs.

Additional efficiencies are derived from corporate contracts for banking, insurance, employee benefits, legal and other services. The savings that are generated are redirected to patient/resident care.

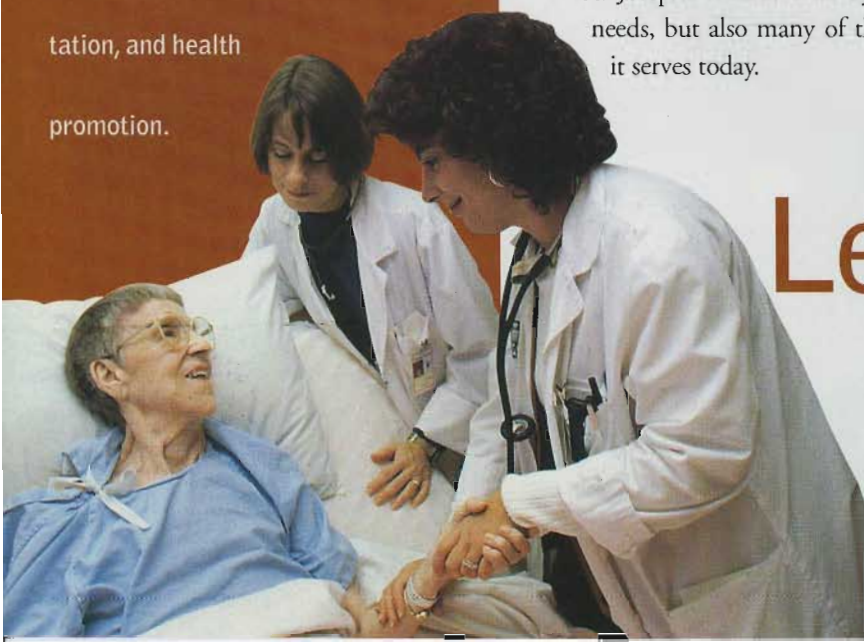
The System also allows for the pooling of human resources to develop models of care that are innovative, technologically advanced and involve the patient/resident and family as participants in key decisions.

The System promotes research and education which enhance the quality of patient care, and provide rich opportunities for personal and professional development. Because the System is able to provide opportunities for peer review and consultative services as well as offering development opportunities, member institutions have an enhanced ability to attract and retain key personnel.

Through the Father Sean O'Sullivan Research Centre, members of the System participate in meaningful research. Here, the focus of research is on those matters which directly affect patient/resident care.

Because of the diversity of the System, its members, through collaboration, are able to provide a comprehensive health care delivery model that ensures a continuum of care for its patients and residents. Consistent with the historic tradition of the Sisters of St. Joseph, St. Joseph's Health Care System is meeting not only the health care needs, but also many of the social service needs of the communities it serves today.

Leaders in
Inno





Physiotherapist Caroline Gill works with patient on dynamic stabilization exercises in the Physiotherapy Department gymnasium.

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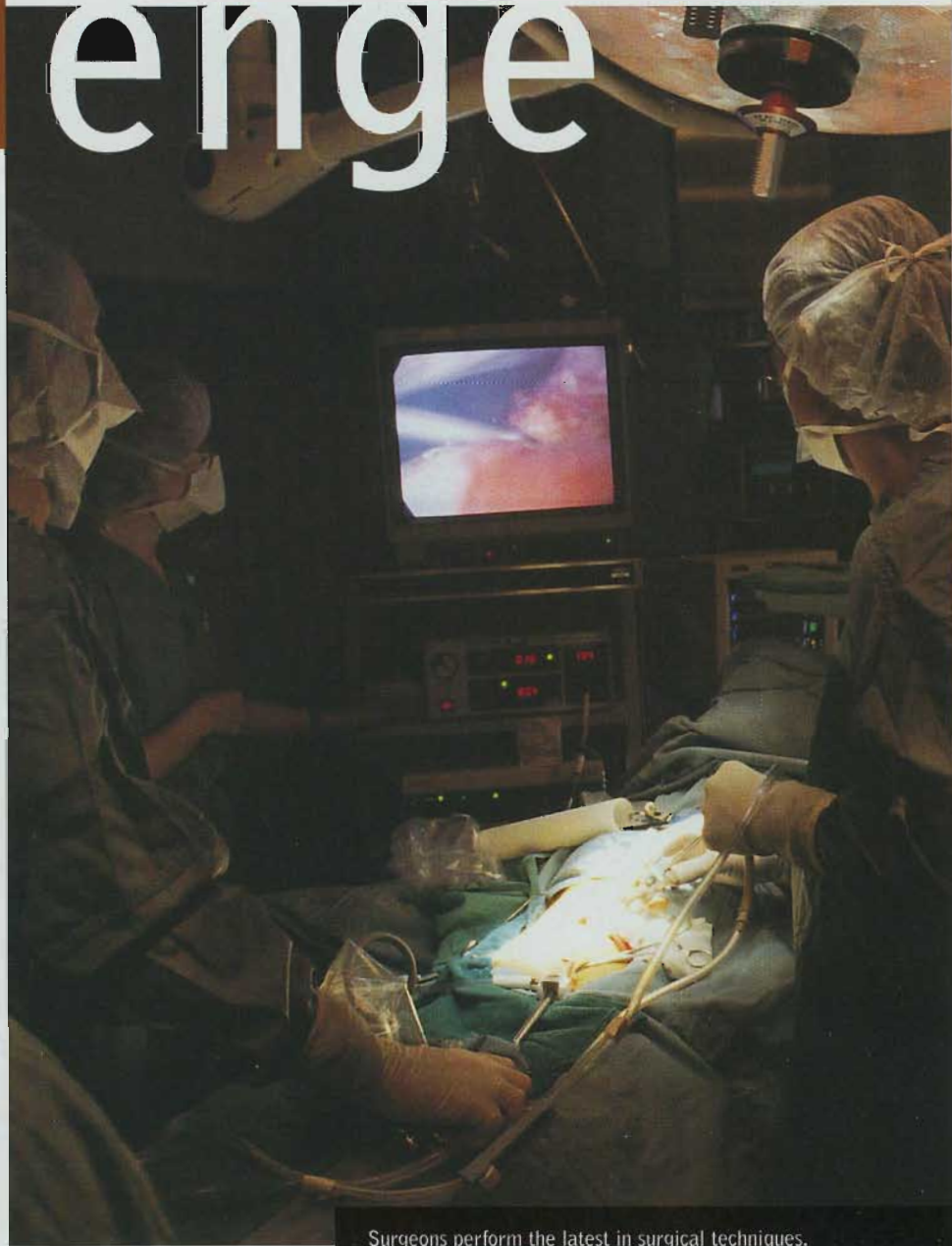
Meeting the Challenge

While the demands on our health care system are increasing, St. Joseph's Health Care System is meeting the challenge of serving our communities. Through collaboration, cooperation, and the pooling of expertise and resources, the member institutions of the System are working to deliver the highest quality of health care in the most efficient and effective manner possible.

St. Joseph's Health Care System was established to carry on the traditions of its founder, the Sisters of St. Joseph of Hamilton, in providing values-based programs and services. Today the members of the System are meeting that challenge. They are meeting the changing needs of growing communities through technological improvements, research and education, and professional development.

The members of St. Joseph's Health Care System work together to ensure that, through cost efficiencies, more resources are directed into patient and resident care. They do so while maintaining their mission of caring and compassion. That mission is fulfilled every time a member institution is able to extend a program to help the poor and the marginalized in their own communities. It is fulfilled whenever St. Joseph's Health Care System makes its professional expertise available to take a leadership role in international relief programs, whether helping to equip operating rooms in Haiti, establishing a pediatric dialysis unit at Children's Hospital in Moscow, or providing a burn unit in a hospital in Uganda. All international programs are funded through the Congregation of the Sisters of St. Joseph of Hamilton.

St. Joseph's Health Care System ensures that, through the wise use of resources, and a willingness to cooperate and innovate, the needs of our communities will continue to be met, regardless of the rapid changes that we face. Through the member institutions of the System: St. Joseph's Hospital in Brantford, St. Mary's General Hospital in Kitchener, St. Joseph's Villa in Dundas, St. Joseph's



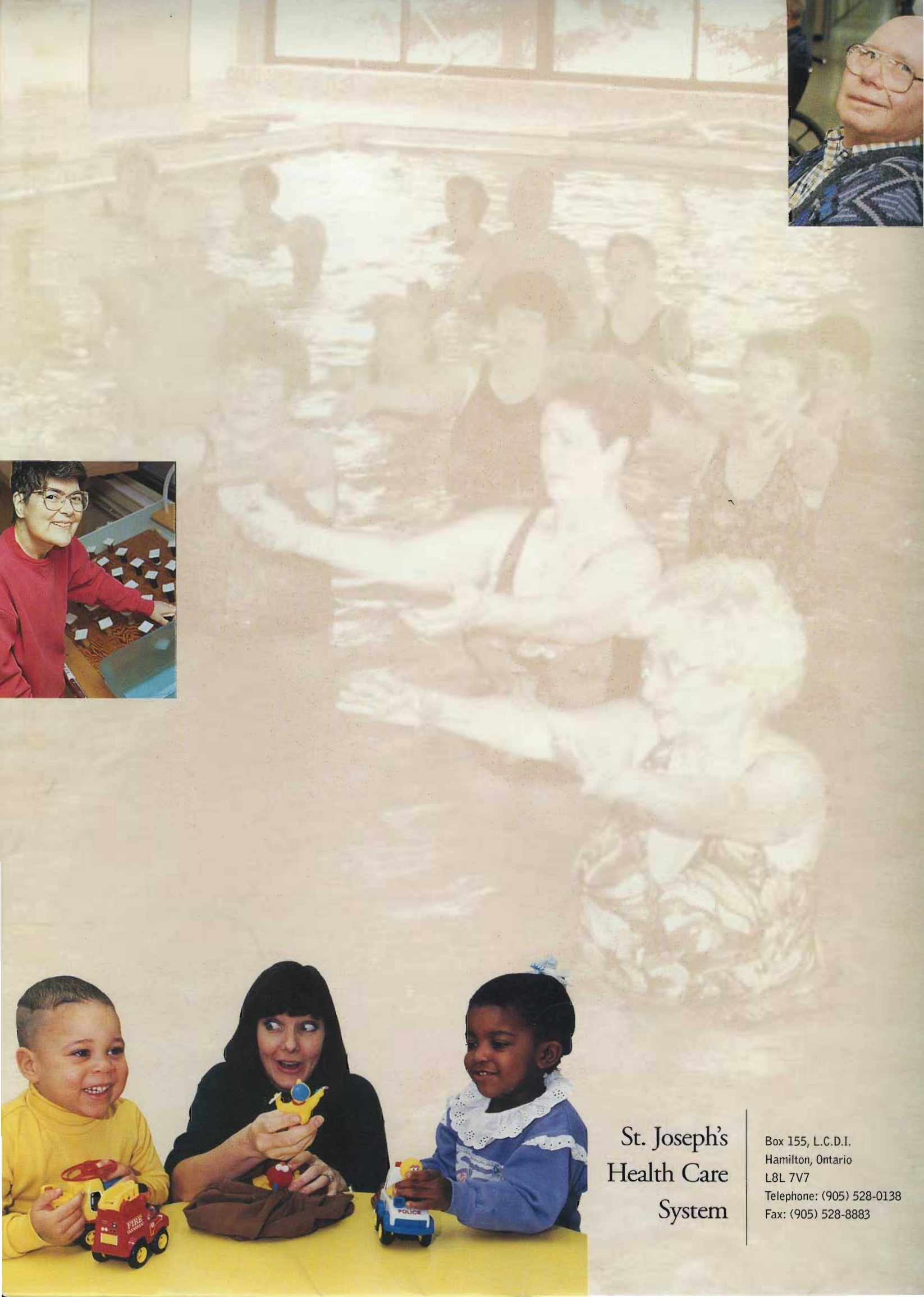
Surgeons perform the latest in surgical techniques.

Hospital and Home in Guelph, and St. Joseph's Hospital in Hamilton, comes the strength and the commitment to provide compassionate care for all who need it.

The needs are great and resources are stretched, but St. Joseph's Health Care System responds to these challenges with innovation and a commitment to excellence. St. Joseph's Health Care System is a model that is meeting the health care and social service needs of communities throughout this province. ■

The mission of **St. Joseph's Health Care System** is rooted in Christ's healing ministry and in the tradition of the Sisters of St. Joseph whose commitment to the poor, sick and needy is marked by compassion and courage. **Together**, we serve Christ's healing mission rooted in these common values: **We believe** in the sacredness of life and promote the dignity of all persons by providing compassionate care to all, regardless of religious belief, culture, race, sex, age, marital or economic status. **We are committed** to serving those in need in our communities, with a special dedication to the poor and marginalized. **We value co-operation** with other health care providers, within our system and our communities, to meet the needs of those we serve. **We value** staff, physicians, volunteers, and trustees in their commitment to our Mission. **We strive for efficiency** and responsible use of our resources, while providing innovative solutions to unmet health care needs in our communities. **We are committed** to the value of Catholic health care in the communities we serve.





St. Joseph's
Health Care
System

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St. Joseph's Hospital in Brantford provides

the finest quality care for the people of Brant County and

the surrounding communities. Through a

dynamic planning process, St. Joseph's is

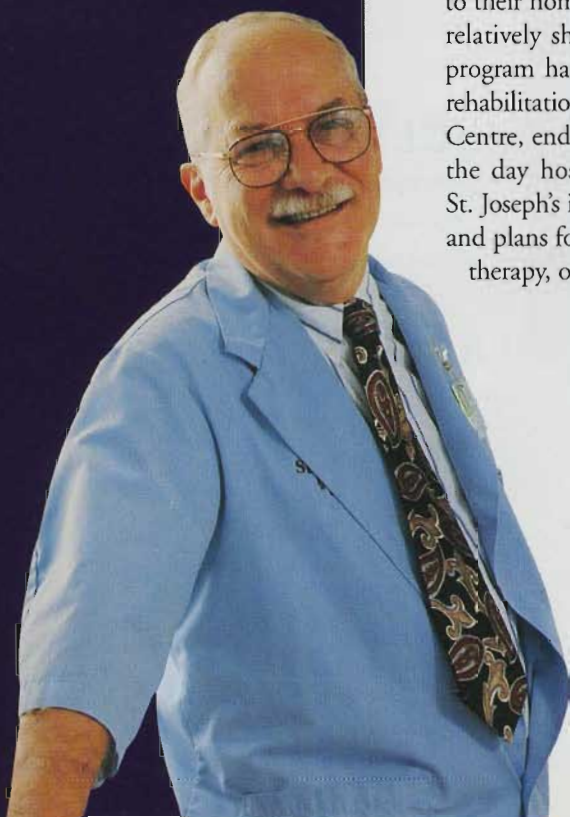
constantly adapting to the emerging health needs of the

community it serves. St. Joseph's has

developed a Rehabilitation centre...



...of excellence which promotes a
unique **team approach**
involving **dedicated** profes-
sionals in Nursing, Physiotherapy,
Occupational Therapy, Recreation
Therapy, Therapeutic Dietary,
Speech Therapy, Pastoral Care,
Discharge Planning and Medicine.
At **St. Joseph's**, the under-
lying goal of its Rehabilitation
program is to **return** the
patient to his or her highest level
of **independence**.



St. Joseph's Hospital in Brantford is a 120-bed community hospital serving Brant County since 1953. St. Joseph's is a leader and an innovator in the areas of acute care, chronic care and rehabilitation.

The acute care program has three major components: medicine, surgery and ambulatory care. The medicine program serves patients who have illnesses related to lung disease, who have suffered strokes, who are preparing for rehabilitation, or who are in need of palliative care.

The surgery program focuses on three areas of specialization: orthopaedics, ophthalmology and urology. General surgery, plastic surgery and dental surgery are also emphasized. More than 80 percent of the surgical procedures at St. Joseph's are performed on a same-day basis.

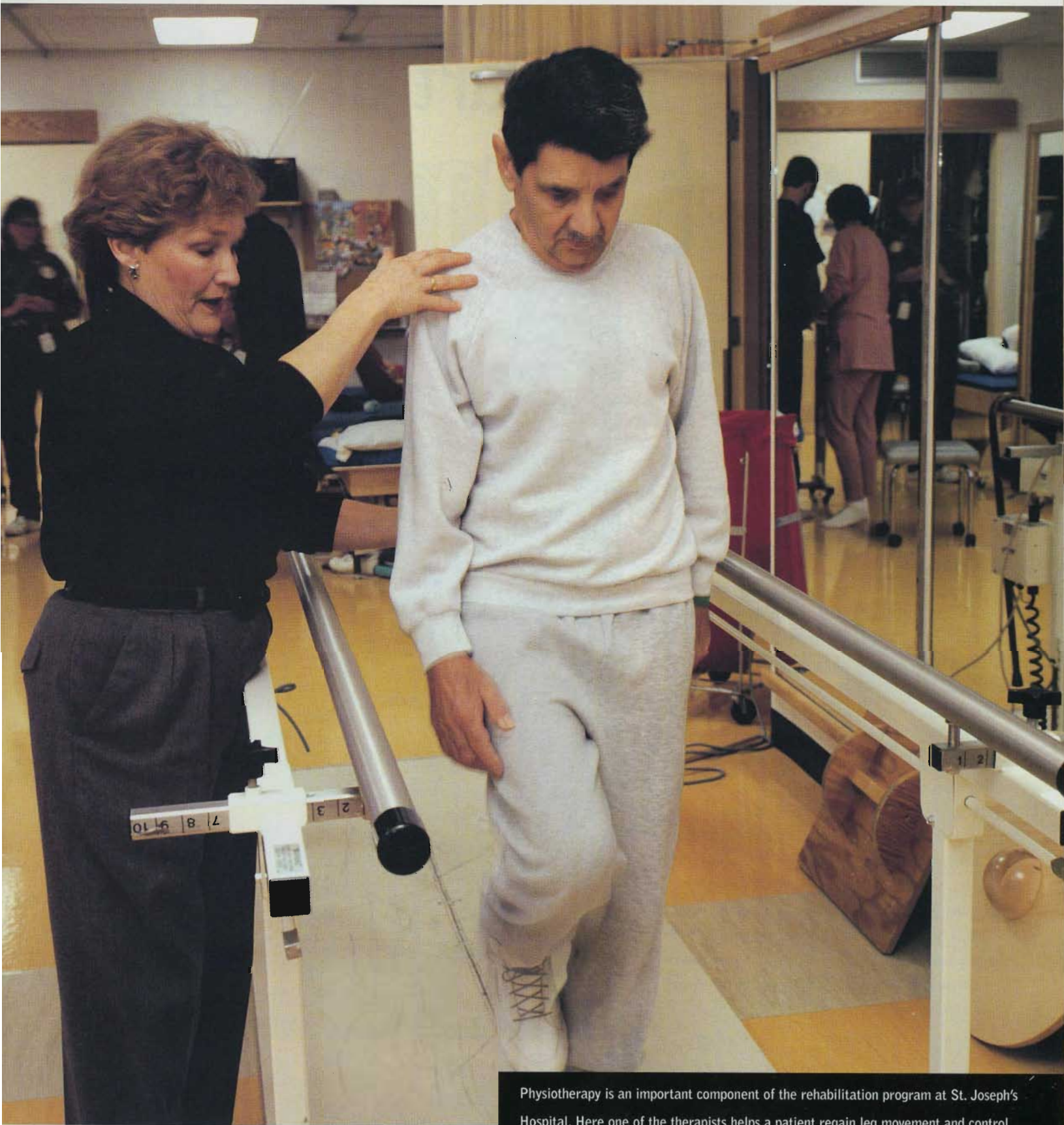
The ambulatory care program includes minor medical and surgical procedures using local anesthetic – for example, endoscopies, pre-operative assessment, chiropody, asthma education and a variety of clinics. In addition, there is a linkage with Chedoke-McMaster Hospitals, who provide prosthetic and orthotic services at St. Joseph's.

The chronic care program is designed to help those individuals whose needs cannot be accommodated in their own home, in a nursing home nor in a home for the aged. The program serves those suffering from long-term, chronic conditions as well as those who are frail but have the potential for returning home or, at least, graduating to a more independent living situation. In order to keep pace with government directives and with the changing needs of the community, future directions for chronic care at St. Joseph's will focus on geriatric assessment, medically complex care, palliative care and reactivation, and the development of a regional network for chronic care, including extensive community outreach programs.

The rehabilitation program at St. Joseph's encompasses both inpatient and day hospital services. The goal of care is to return the person to the highest possible level of independence. St. Joseph's runs a highly successful program. More than 80 percent of patients are discharged to their home or to a residential centre. The average length of stay is a relatively short 28 days. Over the past four years, the day hospital program has grown enormously. It serves people who require active rehabilitation but who are able to live at home. A Driving Assessment Centre, endorsed by the Ministry of Transportation, is also located at the day hospital. Future directions for rehabilitation programs at St. Joseph's include the development of an acute stroke activation unit and plans for community-based day programs which include physiotherapy, occupational therapy and speech language pathology.

Leaders in
Reha





Physiotherapy is an important component of the rehabilitation program at St. Joseph's Hospital. Here one of the therapists helps a patient regain leg movement and control.

rehabilitation

Part of a strong System

St. Joseph's Hospital in Brantford is a member of St. Joseph's Health Care System, one of the largest corporations in Canada devoted to health care. The communities that the hospital serves benefit in many ways from linkages with the system.

Through significant cost savings generated by group purchasing of goods and services, and through the pooling of resources in areas such as staff development, education and research, St. Joseph's is able to direct more of its resources to where it really counts – providing patient care.

There are many examples of the ways in which Brantford and Brant County reap the benefits of the combined strength of St. Joseph's Health Care System. Through linkages with St. Joseph's Hospital in Hamilton, the people served by St. Joseph's in Brantford are able to access centres of excellence in both teaching and research within the departments of Rheumatology and Radiology. These teaching and research programs would otherwise not be available in the community. Another example of cost effective sharing of resources is the fact that St. Joseph's and St. Mary's General Hospital in Kitchener utilize the same financial services.

St. Joseph's Hospital in Brantford continues to provide leadership and innovation and to advance the provision of quality health care in Brantford and Brant County. ■



The staff and volunteers of St. Joseph's Hospital are dedicated to providing their patients with high quality, compassionate care.

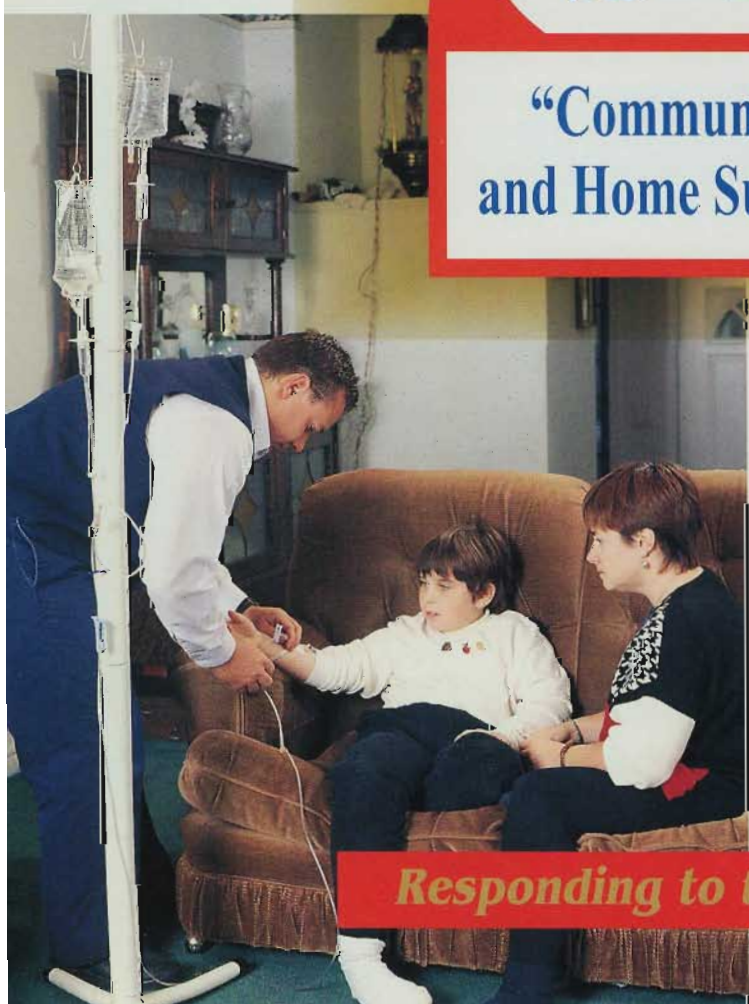
A member of
St. Joseph's
Health Care
System

St. Joseph's Hospital - Brantford
63 Park Road North
Brantford, Ontario
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Tel: (519) 753-8641
Fax: (519) 753-1468



SEN

**“Community Health Care
and Home Support Since 1921”**



Responding to the health care challenges of today.

Providing comprehensive 24 hour nursing and support services for individuals and families - young and old

SEN has highly trained and skilled health professionals and Home Support Workers who perform their work expertly, with care and compassion. We provide services for clients and families 7 days a week, 24 hours a day with on call Registered Nurse assistance. We work in cooperation with physicians, social agencies, and other health care providers to promote the health of individuals and families. We provide life-span nursing care for everyone, from newborn babies to seniors.

SPECIALIZED SERVICES

Palliative Care

When the cure of any illness is no longer possible, SEN staff have the skills to provide holistic palliative care. We keep in mind our clients' and families' wishes and values, stressing the spiritual part of care.

Acquired Brain Injury

SEN provides specialized nursing and home support for clients who have a brain injury as a result of injury or illness.

Mother, Baby and Child Care

SEN Nurses and Home Support Workers provide complete mother, baby and child care which includes education and support during the prenatal and post-partum periods.

Mental Health

SEN Nurses and Home Support Workers have special skills to help persons and families manage mental health care and support needs.

Caregiver and New Parent Relief

When you need a break from the demands of caring for your elderly or dependent relative, or ill family member, SEN meets all of your needs in the comfort of your own home. We also provide new parent relief and child care by trained Home Support Workers.

Early Hospital Discharge Support

As hospital stays shorten, people often find they need help before or after their hospital stay. We provide skilled care, teaching and support as you or your family member recover.

Home Infusion Therapy

Intravenous administration of antibiotics, replacement fluids, and nutritional supplements can be provided on a scheduled basis by SEN Registered Nurses.

Wound Care

SEN has nurses with specialized skills in wound treatment. Wound care can be provided either in a home or a clinic setting.

Nurse Continence Advisor

A nurse continence advisor is available to recommend corrective actions when clients have difficulties controlling bladder and bowel functions.

Foot Care

SEN has nurses who are certified in advanced foot care management for the treatment and prevention of foot problems.

Spiritual Care

SEN care goes beyond physical needs and embraces the spiritual health and well-being of clients and their families.



Visiting Nursing Program

SEN Registered Nurses (RNs) and Registered Practical Nurses (RPNs) provide comprehensive health teaching, counselling as well as general and specialty nursing services for all health conditions. We provide care during regularly scheduled visits to your home, school, place of work or other site by a care team designed to fit your needs. We can arrange an occasional visit per month or several visits in the day or evening if required. We can adapt to meet all of your needs. Our Visiting Nursing Program complements service provided from other programs.

Home Support Program

When limited personal care or essential homemaking tasks are required for seniors, the physically challenged, palliative care clients, children, or newborns, a qualified SEN Home Support Worker is available to provide assistance. Services provided may include meal preparation, laundry, vacuuming, companionship as well as assistance with bathing and personal hygiene.

Supportive Housing Projects

Seniors and physically challenged persons who require 24 hour emergency response, but wish to remain independent in their homes, may be eligible for supportive housing. SEN provides services in supportive housing communities in the area. Each tenant has a private apartment and access to homemaking assistance with personal care, safety checks, medication reminders, meal preparation, and communal dining.

Shift Care Program

Services available 24 hours a day – seven days a week.

The SEN Shift Care Program provides a full range of services including Nursing and Home Support services to all age groups and for all health conditions. Schedules are designed and care providers are selected to meet your individual and specific health care needs.



Volunteer Program

SEN Volunteer Program is a vital component of the team approach to Health Care.

Volunteers give the gift of time.

Friendly visitor volunteers visit lonely and/or isolated clients in their own homes on a regular basis providing emotional and physical support thereby enhancing their quality of life.

Transportation volunteers may provide volunteer assisted transportation to medical appointments.

The volunteer reporting mechanisms allow for early detection of the client's physical or mental status thereby facilitating early intervention and averting a crisis.

A Proven valuable service to SEN clients.

SEN is affiliated with Mohawk College and McMaster University

SEN supports ongoing learning through staff education and development, student placements, and participation in research. We partner with Mohawk College, McMaster University and other schools, colleges and universities to support the community and to apply best practices to our services.

WE STRIVE TO IMPROVE THE EXCELLENCE OF OUR SERVICES

The SEN staff includes Registered Nurses, Registered Practical Nurses, Home Support Workers, Volunteers, and Office Support Staff. All of our staff are highly trained and capable of performing their work with skill and care. At SEN we focus on continuing education and research in order to ensure the ongoing professional development of our staff.



**A non-profit
organization
serving
the needs
of our
community**



This is our purpose

As a team of nurses, home support workers, support staff and volunteers, our mission is to provide innovative, community based, holistic care, which is rooted in Christian values.

In collaboration with other health care providers we will continue to identify and respond to the challenges of the future with creativity and dedication to excellence.

SEN

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A member of the St. Joseph's Health Care System



St. Mary's General Hospital is dedicated to

meeting the health care and social service needs of

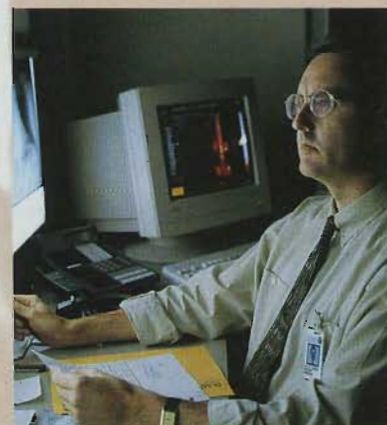
Kitchener-Waterloo and area residents and

has been for more than 70 years. As times change, so do the health

care needs of the community. St. Mary's is

keeping pace with change by incorporating

new technologies and treatments...



...Recent advancements at the hospital include a new mammography unit and a C.T. Scanner. St. Mary's is recognized as a **leader** in the delivery of acute care service.

True to the **tradition** of its founders, the Sisters of St. Joseph of Hamilton, **people** are the most important part of St. Mary's. Through its staff, physicians, and **volunteers**, St. Mary's provides a caring environment for the community. **Compassion**, resourcefulness, innovation, and a **progressive** outlook make the people of St. Mary's leaders in health **care**.

With its highly qualified medical, nursing, professional and support staff and advanced medical technology, St. Mary's is a model of excellence. With its tradition of compassion and its respect for human dignity, St. Mary's leads in the delivery of community-focused services.

Medical programs provide a wide range of care from respiratory to palliative services. St. Mary's has initiated new methods to enhance surgical care. Specialized surgeries like arthroscopic and laparoscopic procedures are now performed to prevent the risks of traditional invasive surgery. St. Mary's has performed several "firsts" in the Waterloo Region, including laparoscopic hernia, laser prostate and laparoscopic bowel surgery. Treating patients effectively extends beyond the walls of St. Mary's. Partnerships with the community health and social service programs offer a continuum of care. St. Mary's is home to the Kitchener Conestoga Rotary Lifeline program, which is a 24-hour personal response program that enables people who live alone to contact trained professionals for help at the touch of a button.

The Waterloo Regional Placement Co-ordination Service is located at St. Mary's. This service provides one-stop access for individuals requiring placement in long-term care facilities, chronic care hospitals or in community support programs.

St. Mary's is host to the Sexual Assault Treatment Centre and to a Substance Abuse Clinic which provides counselling for people with addictions. Together with home, school and community resources, St. Mary's plays a major role in reducing substance abuse.

St. Mary's is committed to collaboration with the community to improve the quality of life for all of its residents. St. Mary's is a vital part of the Waterloo Region and has grown with our community. Today, St. Mary's leads in innovative health care and community-based services.



Partners in Heal



Our Emergency team takes quick action to provide compassionate life-saving care. St. Mary's sees more than 35,000 patients each year in Emergency.

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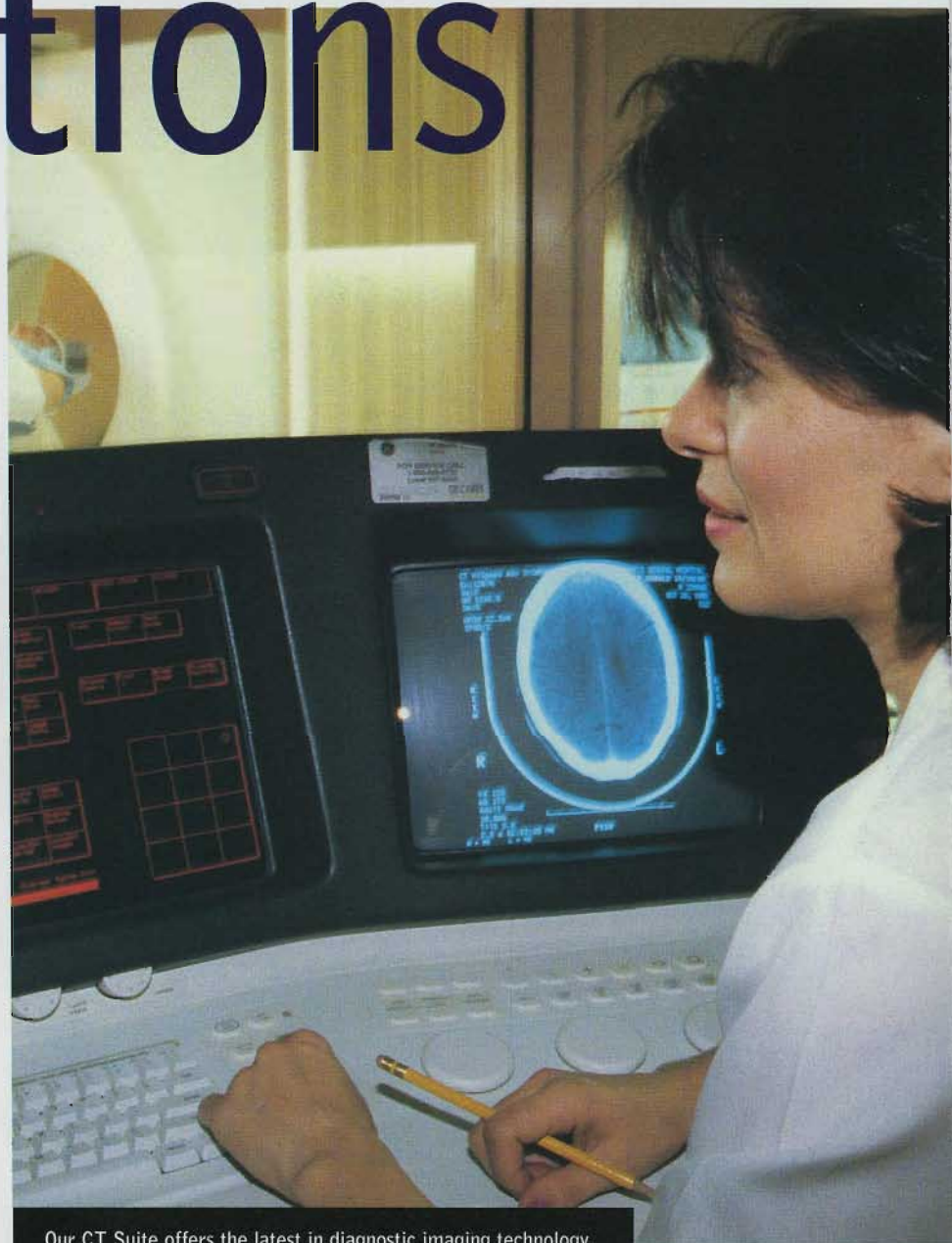
True to its Traditions

As a Member of St. Joseph's Health Care System, St. Mary's General Hospital is an integral part of one of the largest corporations in Canada devoted to health care. Through this association, St. Mary's and the communities it serves benefit from the combined strength of the System. Patient care, staff development and enormous cost efficiencies reflect the System philosophy. These benefits enable St. Mary's to devote resources to work where it really counts: providing excellent health care to the community.

Group purchasing arrangements, contract negotiations, and joint banking services result in savings from the affiliation with the System. Through peer-review, consultative services, education and research, St. Joseph's Health Care System helps St. Mary's to provide excellent health care services.

St. Mary's is the only hospital in the Waterloo Region linked to a research facility: The Father Sean O'Sullivan Research Centre at St. Joseph's Hospital in Hamilton. Through this link St. Mary's evaluates treatments, medication and scientific findings with the Research Centre's support and resources, to ensure patients are cared for with first-rate treatments and methods.

Collaboration, the pooling of resources and the sharing of expertise are some of the ways that St. Mary's General Hospital continues to advance. St. Mary's finds innovative ways to deliver health care effectively and efficiently to the community it serves, while staying true to its traditional values of care and compassion. ■



Our CT Suite offers the latest in diagnostic imaging technology.
Here, a CT Technologist completes a head scan.

A member of
St. Joseph's
Health Care
System

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Fax: (519) 749-6426



St. Joseph's Hospital and Home in

Guelph, founded in 1861, has a long history of service and care.

St. Joseph's serves Guelph and the surrounding area

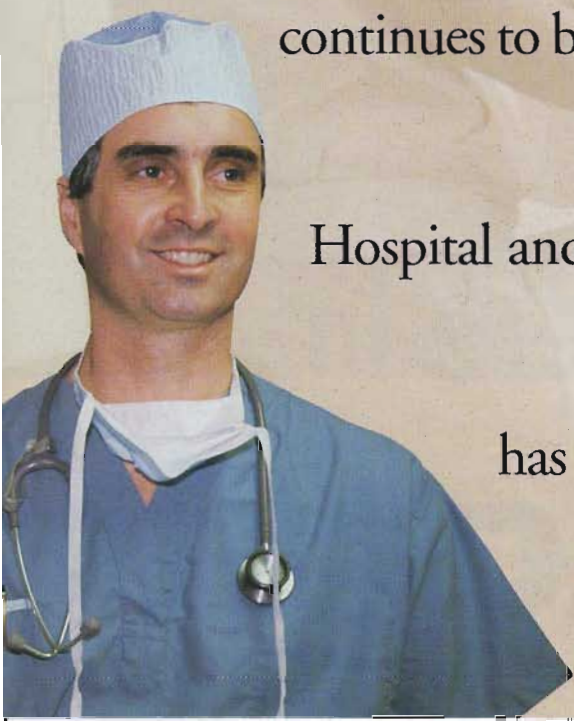
with acute and long-term care programs

and out-patient services. The emphasis of the acute care program

continues to be on major surgery. In recent years, St. Joseph's

Hospital and Home has become an Elective Hospital and

has minimized waiting...



...times and virtually eliminated cancellations of surgery. The **Same Day** Admission Program helps to reduce the length of stay for **patients** since they are not required to come to the hospital the night before surgery.

Currently, **St. Joseph's** is making the transition to becoming a long-term care facility for its community. The emphasis is on ensuring that those within its **care** continue to enjoy, to the greatest extent possible, an **active** and busy life, either within the community or as a resident of St. Joseph's. The future for St. Joseph's in **Guelph** is as bright as its past, as it continues to renew the strong links to the community it serves.

In recent years, the **focus** has been out-patient services in its surgical and ambulatory care **programs**, providing convenience for patients and physicians alike. The **Pre-operative** Assessment Clinic is situated in the Ambulatory Care Unit where physical assessment, patient education and **diagnostic testing** take place. Major surgery at St. Joseph's includes orthopaedics, specifically in the area of joint replacement and vascular and cancer related surgeries. To support its **surgical** program, St. Joseph's has developed excellent diagnostic services, including radiology, ultrasound, mammography, bone densitometry, and needle biopsy for prostate disease.

Other **services** provided at St. Joseph's include a Respiratory Therapy Service, Community Speech and Language Program, and hearing **assessments** and hearing aid evaluations through the Audiology Department.

St. Joseph's Hospital and Home promotes the involvement of both the resident and family through orientation, recreation and volunteer programs. The long-term care program comprising the Continuing Care Unit and the Home for the Aged has integrated its services. Through this approach, St. Joseph's provides nursing, pastoral and social services, and food services to help residents enjoy a rich and busy life.

The Supportive Care Unit at St. Joseph's has provided palliative services and developed strong links to the community through the VON, Home Care, and the Cancer Society. It also provides rehabilitation to assist patients to move back into the community or to a lighter level of assisted living.

St. Joseph's provides a respite/vacation care program to give the resident personal care in a warm and caring atmosphere while family care-givers take the opportunity for a vacation or periodic relief. This enables our aging population to remain in their homes in the community, with their family, for as long as possible.

Today St. Joseph's Hospital and Home is reaching out into the community by providing programs for elderly individuals, who are living alone or with family in the community and who need planned social, recreational, or educational programs. St. Joseph's provides two adult day centres. The Alzheimer Day Centre, provides programs for those who are impaired by this type of dementia, and the Out 'N' About Day Centre provides programs for the frail elderly who, although they may be less mobile, still want to be active in the community.

While providing exceptional services to its community, St. Joseph's Hospital and Home is planning for a future as the long-term care and rehabilitation centre for Guelph and Wellington County. This centre will provide a full range of programs and services in the areas of health promotion, rehabilitation, palliation, long-term care and respite. St. Joseph's is eagerly looking forward to its future, as it continues its tradition of compassionate care for the residents in the community it serves.



Leaders in Acute an





Carola Elkhuizen, Horticulture Therapist offers assistance to one of our long-term care residents during a session in bedside horticulture.

d Long-Term Care

Combined Strength

As a member of St. Joseph's Health Care System, St. Joseph's Hospital and Home in Guelph is part of one of the largest corporations in Canada devoted to health care. Through this association, the communities served by St. Joseph's benefit in many ways from the combined strength of all members of the System.

Through group purchasing arrangements for goods and services, St. Joseph's is able to achieve enormous savings which, in turn, are reinvested in the community to provide additional patient/resident care. Through collaboration and the pooling of resources and expertise, St. Joseph's is able to provide its community with the very latest in new procedures and treatment techniques.

At a time when the demands on our health care system are growing while resources are stretched, through cooperation with the members of St. Joseph's Health Care System, St. Joseph's Hospital and Home continues to offer the highest quality of care, in an effective and efficient manner. Among many examples of how St. Joseph's is meeting the challenges of the future are its affiliation with the Father Sean O'Sullivan Research Centre at St. Joseph's Hospital in Hamilton, and a number of staff development and training initiatives with St. Mary's General Hospital in Kitchener.

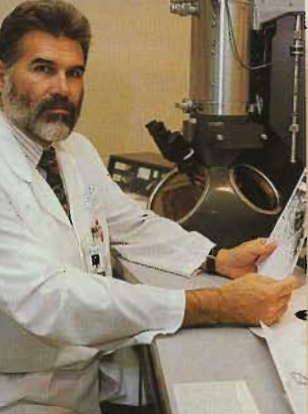
True to its century-old tradition of serving the health care needs of Guelph and area with care and compassion, St. Joseph's is moving into the future with a firm commitment to meet the needs of its growing community. ■



Christine Seip, Director of Volunteers and New Teen Volunteer Recruits, offers one of our residents a selection of "Jest For You" humour program tapes and videos.

A member of
St. Joseph's
Health Care
System

St. Joseph's Hospital and Home - Guelph
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Guelph, Ontario
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Tel: (519) 824-2620
Fax: (519) 763-0264



St. Joseph's Hospital in Hamilton is a large

active treatment university teaching hospital, complimented

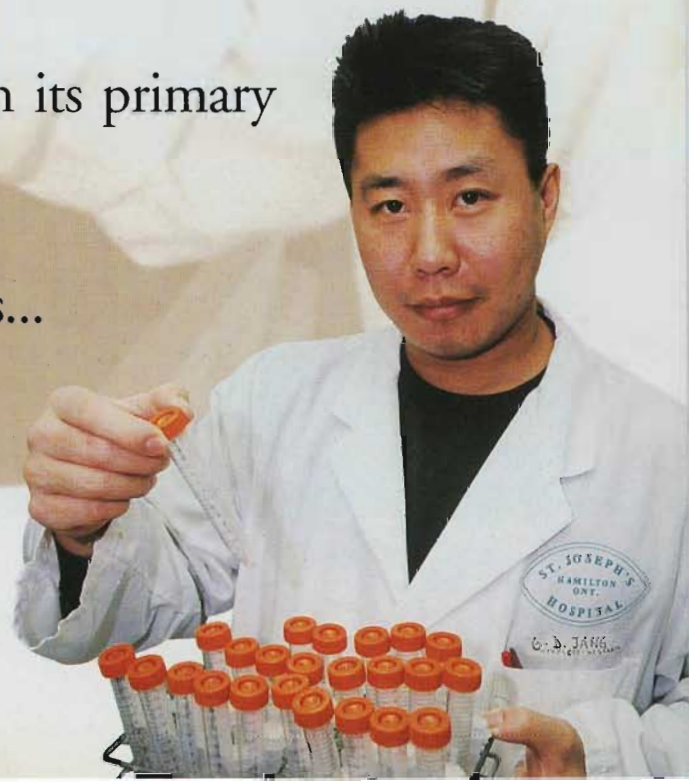
by a chronic care unit and a unique community

health centre. This renowned teaching hospital

has provided quality health care services to the Hamilton

Region since 1890. In conjunction with its primary

role of caring for the sick, St Joseph's has...



...stressed the importance of teaching and research programs and is an important component of the McMaster University Faculty of Health Sciences System. As a teaching hospital, St. Joseph's participates in the clinical training of physicians, nurses, physiotherapists, occupational therapists, social workers, and laboratory, radiological and pulmonary technologists.

St. Joseph's is known world-wide for its innovative clinical research. It has pioneered new and exciting health care delivery models, such as a hospital-sponsored outpatient centre.

St. Joseph's Hospital is recognized as a Centre of Excellence in many fields, including kidney and urinary diseases, chest and lung diseases, musculoskeletal diseases, maternal child-obstetrics, neonatology, and general medicine. St. Joseph's has developed a well-earned reputation for innovation and leadership in Ontario's health care system.

Through all of its programs, from its organ transplant unit to its community programs and services, St. Joseph's Hospital has been in the forefront of major advancements in the provision of quality health care.

In 1991, St. Joseph's Hospital opened a new health care facility; a new concept in health care delivery: St. Joseph's Community Health Care Centre, which serves the people of Stoney Creek and East Hamilton. This Centre has an Urgent Care Service, with supporting laboratory and x-ray facilities. All programs are conducted on an outpatient basis.

In addition to a geriatric day hospital, mental health services, diabetes, consumer health information and parent/child program, new programs such as an osteoporosis clinic, a rheumatology assessment clinic, pain management clinic, attention deficit disorder clinic, anger management and self-control for teens programs have been added. The Centre has also taken a leadership role in working collaboratively with other health care and social service agencies in the community.

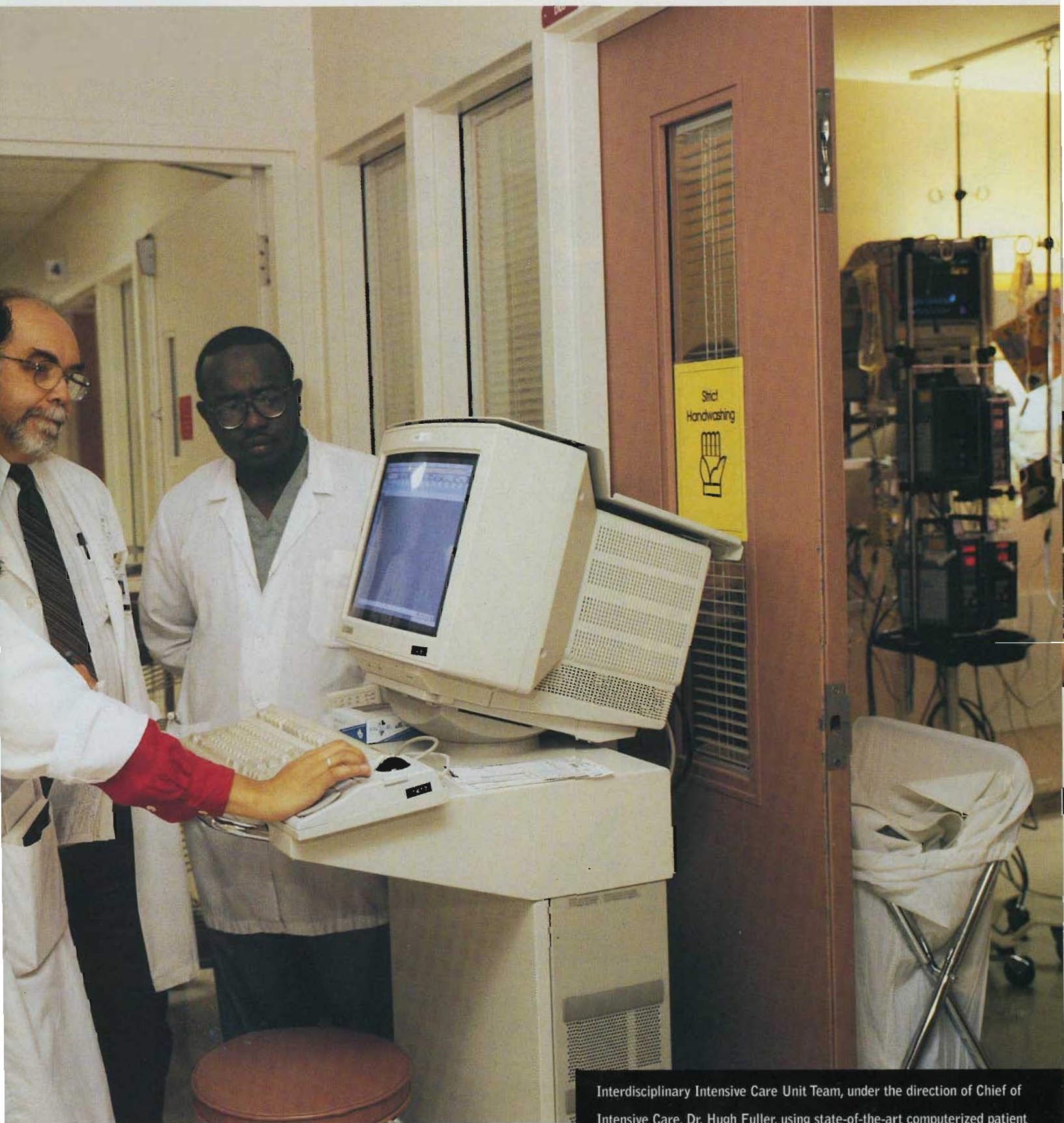
Through an affiliation with McMaster University, St. Joseph's Community Health Centre provides a wide range of educational training opportunities, in a community setting. As an academic Centre, researchers and scientists contribute to a growing body of knowledge in community health and health promotion.

Recently St. Joseph's Hospital established the Father Sean O'Sullivan Research Centre. This Centre encompasses people, programs and activities throughout the Hospital and the Community Health Centre. Medical research that "really counts"—research that directly affects patient care and care for family members is the focus of the Father Sean O'Sullivan Research Centre. The initial emphasis of the Centre is on areas of research for which St. Joseph's has already received international recognition: chest and lung disease, musculoskeletal diseases, kidney and urinary diseases, and optimal drug therapy.

At St. Joseph's the spirit of the mission of its founders, the Sisters of St. Joseph, lives on, along with the spirit of hope embodied in teaching and medical research.



Leaders in Teac



Interdisciplinary Intensive Care Unit Team, under the direction of Chief of Intensive Care, Dr. Hugh Fuller, using state-of-the-art computerized patient monitoring system in assessing and treating the very ill patients.

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Extending its Services

St. Joseph's Hospital is a member of St. Joseph's Health Care System, one of the largest corporations in Canada devoted to health care. This association enables St. Joseph's Hospital to provide the highest quality of care in an efficient and cost-effective manner. Through group purchasing arrangements, through the sharing of knowledge and expertise, and through collaboration in areas such as research and education, St. Joseph's Hospital benefits from the combined strength of St. Joseph's Health Care System.

As a result of its affiliation with the other members of St. Joseph's Health Care System, the Hospital is able to integrate patient programs and achieve a continuum of care. One example is the relationship with St. Joseph's Villa in Dundas, which helps the hospital to bridge the gap between acute care hospitalization and the safe return of the frail and elderly to the community. Through its work with St. Joseph's Hospital in Brantford providing Radiology and Rheumatology services to that community, St. Joseph's is fulfilling its mandate to extend its services, as a teaching hospital, to a wider community.

True to the mission of its founders, the Sisters of St. Joseph of Hamilton, St. Joseph's Hospital continues to be dedicated to meeting the growing needs of the communities it serves. St. Joseph's Hospital is fulfilling that mission, through research and education, through constantly improving the quality of patient care, and through an eager commitment to confront new challenges in the constantly changing health care environment. ■



Laboratory Research Assistant Sylvia Chong, in the Virology Laboratory, an area of Laboratory Medicine in which St. Joseph's Hospital is a pioneer and a world leader.

A member of
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St. Joseph's Villa in Dundas, has been serving

the needs of the **elderly** for over 100 years. Today St. Joseph's Villa

is one of Ontario's largest and most **innovative**

Homes for the Aged. St. Joseph's is not only **home**

for its 378 residents, it is also a **vibrant** community activity

centre for nearly 200 seniors who participate

in its **Day Program...**



...In 1990 the Villa introduced a Respite Care program which now provides **service** to over 100 **seniors**, allowing family members a much needed break as they continue to care for their **loved ones** at home. St. Joseph's Villa is now constructing St. Joseph's Estates, a housing project being built on the Villa's grounds. A **leader** in innovative programs for seniors, St. Joseph's Villa provides a **quantity and a quality** of service for the **elderly** that is available nowhere else in Canada.

At St. Joseph's Villa the most important people are the residents. In fact, every month the Residents' Council meets to listen to suggestions or to hear the concerns of those who live there. These meetings are regularly attended by volunteer Board members. In this way, many ideas that enrich the quality of life at the Villa are quickly implemented. St. Joseph's Villa has an active volunteer program that greatly enhances the many programs and services that are offered. Its enormously popular Seniors' Day Program is a renowned example of effective Community Outreach. The annual Walk 'n' Wheel-a-thon and the annual picnic are two examples of ways in which St. Joseph's Villa reaches out and is supported by the community it serves.

In response to a request from family members of seniors participating in its Day Program, St. Joseph's Villa, with the support of the Rotary Club of Dundas, initiated a Respite Care Program in 1990. Today this program serves over 100 people, allowing care-giving family members a much needed break from the rigours of maintaining their loved ones at home for extended periods.

One of the unique projects undertaken by St. Joseph's Villa is a 107 suite life occupancy complex. This will provide secure, quality housing and services for seniors who do not need the full range of long-term health care services offered by St. Joseph's Villa. The St. Joseph's Estates housing project will help to expand the full range of services and accommodation provided by St. Joseph's for its community for over a century.

In addition to our tradition of excellence in the care of both the well and the physically frail elderly, the Villa has focused its research, staff development and environmental changes to create a centre of excellence that meets the needs of the cognitively impaired.

Plans for the future at St. Joseph's Villa include an Alzheimer Day Program, as well as expanded programs with many clinics based in the facility. This will enable the seniors in the community to continue to live independently and enjoy easy access to a full range of services for the elderly.



Leaders in Care



Guild members and Volunteers enrich and enhance the quality of life programs.

for the Elderly

Working Together for Seniors

St. Joseph's Villa, is a member of St. Joseph's Health Care System, one of the largest corporations in Canada devoted to health care. As a member of the System, St. Joseph's Villa is able to work with the broader health care community to effectively and efficiently provide new services without unnecessary costs or duplication. This enables the Villa not only to expand service to the community it serves but also to enhance the quality of life for seniors that come to the Villa for care.

Through group purchasing, staff development, research and education, and through the sharing of resources in areas such as Social Work and Nutritional Counselling, St. Joseph's Health Care System strengthens the Villa's ability to offer the very best of care for the communities it serves.

St. Joseph's Villa is committed to meeting the great challenges of providing a complete continuum of care. By being affiliated with a major teaching hospital, St. Joseph's Hospital in Hamilton, the Villa is able to integrate patient care programs and to bridge the gaps between acute care hospitalization and the safe return to community living.

The Villa is also linked to the Father Sean O'Sullivan Research Centre. This partnership enables St. Joseph's Villa to build on its research in areas such as advance medical directives and audiology services for seniors. Residents of the Villa and those that participate in its community outreach programs are able to benefit from all of the additional resources that the Villa derives from St. Joseph's Health Care System, including research that really counts.

True to its long history of caring and compassion, St. Joseph's Villa in Dundas is constantly striving to ensure that the frail and the elderly can live with respect and dignity, and can continue to enjoy a high quality of life in a caring environment. ■



No one is without a friend at St. Joseph's Villa.

A member of
St. Joseph's
Health Care
System

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