



The *Great* Canadian
Catholic Hospital History Project

Documenting the legacy and contribution of the
Congregations of Religious Women in Canada,
their mission in health care, and the founding and operation of Catholic hospitals.



Projet de la *Grande* Histoire
des hôpitaux catholiques au Canada

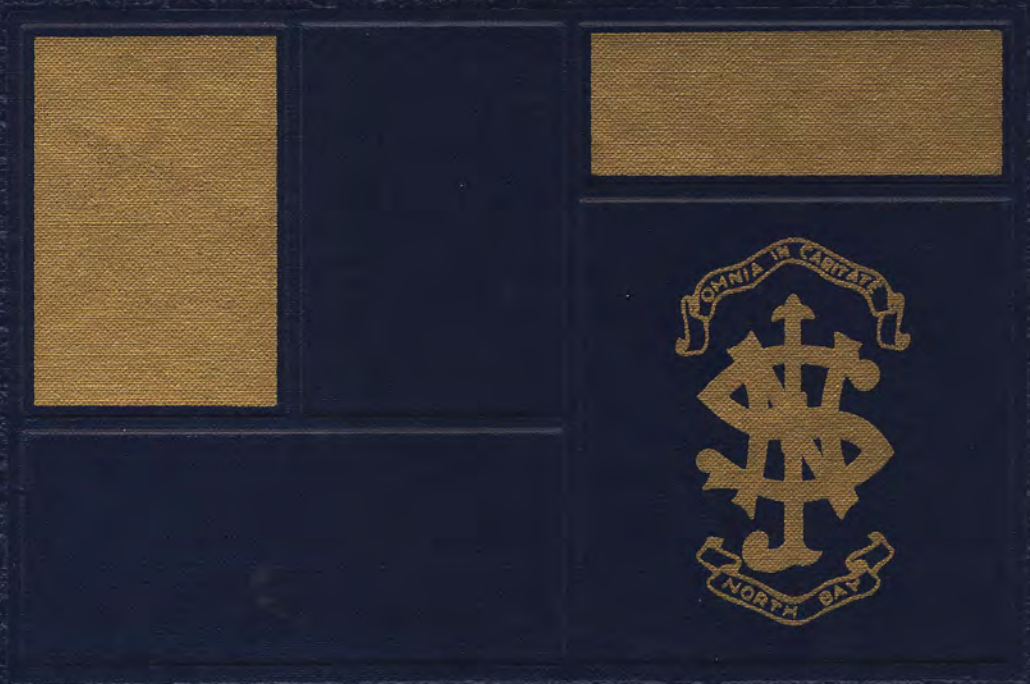
Retracer l'héritage et la contribution des
congrégations de religieuses au Canada,
leur mission en matière de soins de santé ainsi que la fondation et l'exploitation des hôpitaux catholiques.

**St. Joseph's Hospital
School of Nursing
North Bay, Ontario
1971**

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OMNIA IN CARITATE · 1971

ONWARD WE CLIMB TOGETHER

CLIMB TILL YOUR DREAM COMES TRUE

Often your tasks will be many,
And more than you think you can do...
Often the road will be rugged
And the hills insurmountable too...
But always remember, the hills ahead
Are never as steep as they seem,
And with Faith in your heart start upward
And climb till you reach your dream,
For nothing in life that is worthy
Is ever too hard to achieve.
If you have the courage to try it
And you have the faith to believe...
For Faith is a force that is greater
Than knowledge or power or skill
And many defeats turn to triumph
If you trust in God's wisdom and will...
For Faith is a mover of mountains,
There's nothing that God cannot do,
So start out today with Faith in your heart
And "climb till your dream comes true."

Dedication

We dedicate this yearbook to our friend . . . to the true pal who always stood by and said much by just being there, to the teacher who inspired us to continue when we were down, to the patient who said "thanks" and gave us the newborn drive to "follow that dream".

Friendship's House

Friendship's House is Built of Gold,
Its doors are open wide,
And Love and Trust and Happiness
Are ever found inside.
It's in the City of the Heart
Where stars shine all year through
For Friendship's House is built of Gold
By precious friends like you.



It is through these doors that we enter to learn and serve and
within these walls that life begins and life ends.

Director of Nursing



In the book of Ecclesiastes we read: "There is a season for everything, a time for every occupation under heaven." A time for giving birth whether it be a new human or a new idea; a time for dying - as nurses, you are present; a time for planting - helping the patient recognize a new skill; a time for healing - assisting the patient to optimum health; a time for tears - saying good-bye to friends; a time for laughter - enjoying another's company; a time for loving - giving and sharing your talents and skills; a time for peace - knowing you have reached a goal.

1971 has been a time for many things - the phasing out of the interne year and change to a two year program, the largest number of students to graduate in the history of the school, our first male graduate. It has been evident that the students have worked together in bringing about many other intangible changes. This spirit of team work should continue to permeate your activities as you join the nursing profession. Be gentle as you go about your nursing duties, and show your care and concern for your patient in the little extras you do to alleviate his suffering and bring a sparkle of joy to the lives of others.

Remember St. Paul's words to the Phillipians "I can do all things in Him who strengthens me."



Superior General

My Dear Students,

Sincere congratulations from the Sisters of St. Joseph on the publication of your 1971 Yearbook. This serves as a reminder of the past and an impetus for the future. My brief message is orientated toward the latter objective. Your years at St. Joseph have laid a foundation upon which you must build. You must strive to maintain the standards instilled in you, to acquire new skills and develop an even keener interest in the advances of all aspects of health care.

The profession you have chosen is a rewarding one, not because of the momentary compensations but because of accomplishments that come from service of others.

As someone has said:

"When we try to serve the world we touch what is divine . . . Service is one of the ways by which we can get a purchase on the whole universe. If we find the job where we can be of use, we are hitched to the star of the world and move with it".

May you move with enthusiasm, courage, and dedication toward an evermore loving service of others, for in serving men you are serving Christ who came that men might be whole in body and spirit.

Devotedly,

Sister Maura McCalgan

Superior General

Bishop Carter

November 19, 1970.

Dear Student Nurses:

Again it pleases me to be able to address a group of young women willing to dedicate their lives to the care of others.

Your theme "Onward We Climb Together" brings to mind another saying, "None of us is as smart as all of us". In the former, the word "onward" suggests improvement, the word "climb" hints at difficulty; the word "together" means unity. In the latter we see that the combined talents of all are more effective when we co-operate with one another in the difficult task of uplifting mankind. The theme you have chosen is certainly relevant in that it connotes the care and love of others.

When women such as yourselves devote time and energy in helping, consoling, caring for the sick, you should see this as a human and christian task. You should see your actions as Christ working through you.

As Christians our faith provides us with a reason for uniting to help others. We believe and hence we know why we want to get involved. We believe and hence we know it is by Christ and for Christ that we are who we are and all of this for others.

Your profession brings with it many difficulties, yet, with strong faith in Christ and in others you will always be able to say "Onward We Climb Together".

Devotedly yours in Christ,



Alexander Carter
Bishop of Sault Ste. Marie



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My fellow students:

On behalf of the Students' Council executive I would like to thank you for the opportunity of representing you for the year 1970-71. I also extend special thanks to Sister Sheila Anne for her advice and assistance throughout the year.

To the class of '72 I urge you to keep up the good work and to support your new council for the coming year.

This year saw the end of the two plus one programme in our school and the last graduating class of internes and the first graduating class of intermediates. I wish to extend my CONGRATULATIONS and BEST WISHES to each of the girls in their prospective futures.

As ever,

Connie Beswitherick



Editorial



Leaf through your yearbook

You will remember when we encountered new experiences, shared our joys and frustrations and together met new challenges in nursing and life.

This book is your mirror reflecting the past.

A big thanks to each of you who helped to make this yearbook possible.

LOUISE DESROCHES.

(Editor)

Faculty



Sister Sheila Anne Spooner



Mrs. Toivanen



Mrs. Currier



Mrs. Osborne



Mrs. Ede



Mrs. Nowak



Mrs. Howard



Mrs. Parnish



Mrs. Morel



Mrs. Sobisch



Mrs. Walker



Mrs. Zwicker



Mrs. McNulty



Father Sobisch



Mrs. Letcher



Mrs. Vannenen



Mrs. Holmberg



Mr. Pearce



Mrs. Cummings
(Third Year Co-ordinator)

Yearbook Staff



Editor - Louise Desroches
Sec. -Treas. - Louise Bradette
Co-Editor - Regina Jacka

Grace McLaren
Donna Sunstrum
Louise Bradette - Sec. -Treas.
Mary Jane Souliere
Rhaven Blaney

Lenore Herd
Regina Jacka - Co-Editor
Louise Desroches - Editor
Chris Kaluga



Students' Council



'70-'71

Connie Beswitherick - President
Marilyn Orioux - Secretary
Chris Kaluga - Treasurer
Regina Jacka - Vice-President

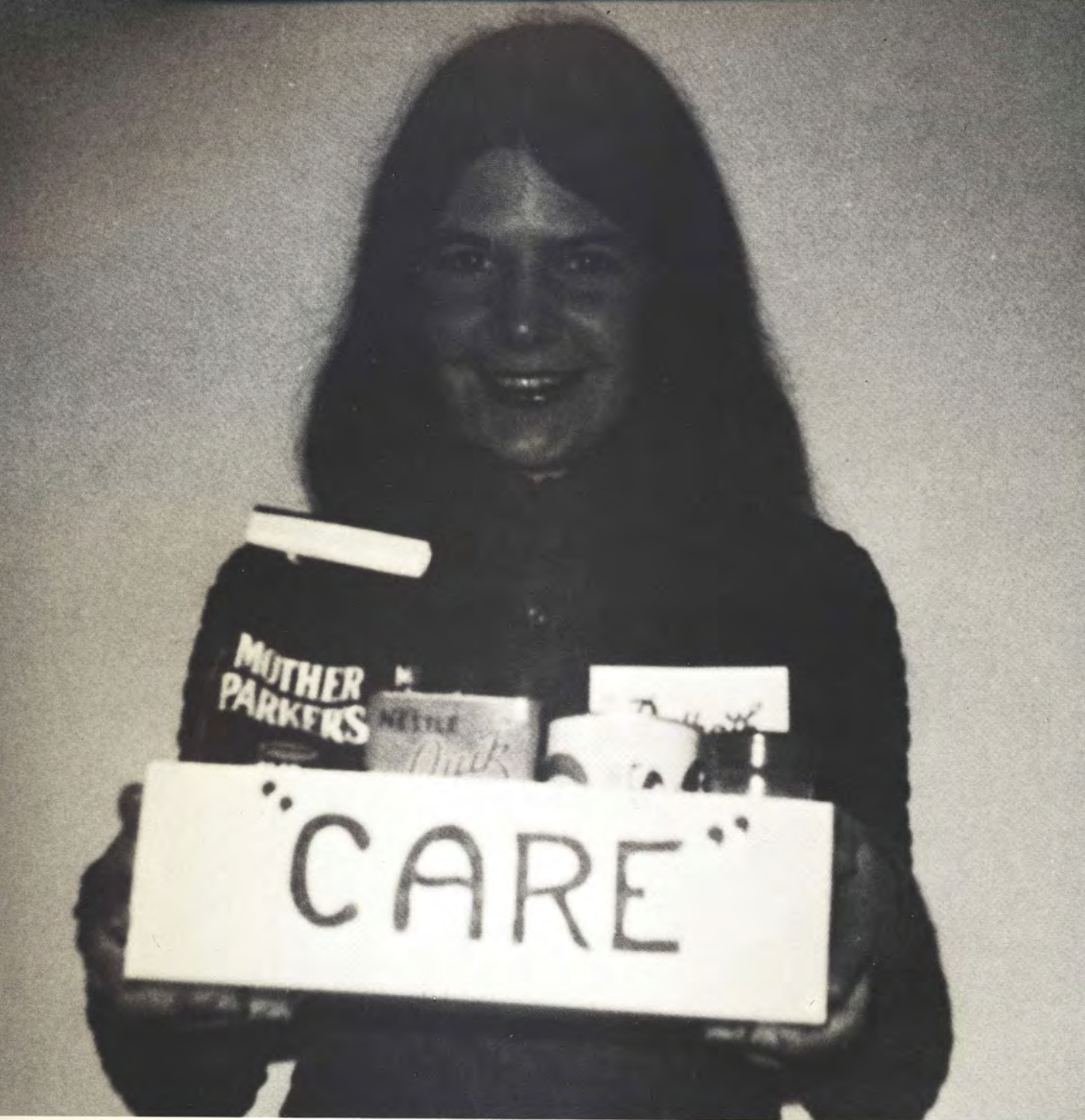
'71-'72

Sue Stewart - President
Sue LeBlonde - Vice-President
Shelley Rees - Treasurer



Twelve Roses





Our Mothers

Our first rose belongs to our mothers- those constant worriers who hover in the background, trying to understand when we threaten to quit, delighting in our accomplishments and joys, and sending "Care" packages when we are down-hearted and disappointed.



Our Fathers

We cannot forget Dad who always seems to slip us those extra "tens" when we overdraw our bank account, who speak of us as "my daughter, the nurse" and who is always ready to welcome us home, even if it is only to eat and then borrow the car.



Our Director

To Sister Sheila Anne we give our third rose- the ties of our school would not be so strong without the enthusiasm, ideals and hard work of the woman who is the Director of Nursing at St. Joseph's.



Our Instructresses

Our fourth rose belongs to our instructresses who with much patience, guidance, and encouragement have led us from dependency on them to co-operation with them.



Medical Staff

To our doctors we give our fifth rose. They may have snapped at us in the middle of a procedure and then thanked us for our assistance at the end.



Nursing Staff

To all the nursing staff who frightened us at first but finally accepted us as part of the team- for their patience, guidance, and encouragement we give them our sixth rose.



School of Nursing Secretarial and Housekeeping Staff and Housemothers

We dedicate our seventh rose to Laura, Joan, Mrs. Taylor, Mrs. Larue, Miss Beattie, Mrs. Clayton and Mrs. Pask who help our school seem a little more like home. With a magic that they alone possess they seem to be able to locate every girl when she is needed, convey all messages and phone calls and always have a friendly face and a cheery "Hi!"



Our Patients

Our eighth rose we dedicate to our patients, who provide the fascination of our work; we laugh with them, accept and encourage them and with pride watch them return home healthy again.



Our Classmates

What would life be like without our classmates- without someone in whom to confide and with whom to cry tears of joy or sorrow after a particularly rewarding or trying day? For their understanding we dedicate to them our ninth rose.



Our Boyfriends

Our boyfriends deserve our tenth rose, for without them to laugh with us, listen to our tales of woe, and sometimes dry our tears, life would be intolerable.



Our Big and Little Sisters

To the Big Sisters, who guided us through the storms and sunshine of residence and apartment life and classroom struggles, and to the "Little" Sisters, whose enthusiasm, fears and disappointments remind us of our own faltering and unsteady first steps, we dedicate our eleventh rose.

North Bay's Complex



Future

Our last rose is dedicated to the future - may it hold new challenges, friendships and happiness. May the past and present be a foundation on which a strong and bright tomorrow will be built.

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M. McParland



N. Whalen



B. Miller



V. Beaudry



L. Lavoie



I. Nixon



K. Leblanc



C. Gravel



W. Comba



R. Rawn



S. Leblond



P. Mulligan



J. Conrad



B. Hill



M. Horner



P. Lang



M. Charland



K. Blackwell



M. Demontigny



P. Toner



G. Regimbal



C. O'Grady



R. Blaney



D. Sunstrum



M. Benness



L. Bradette



M.J. Souliere



M. Orieux



N. Craig



G. Meloche



L. Meloche



S. Ismond



N. Damboise



M. Murphy



S. Stewart



A. Franceskini



S. Rees



L. Tellier



Sister E. Kelly



S. Humphreys



J. McNally



L. Herd



L. Dyson



M. Stuart



B. Stone



L. Baldwin



A. Bérubé



Sister Emer Kelly - I got lost. Lots of reasons!

Sue Leblond - Guess who phoned me?

Mary Jane Souliere - Hey you guys, What are you studying for?

Rhaven Blaney - Oh! I can't tell!

Donna Sunstrum - Get Out of my life!

Mrs. Ismond - Would you mind explaining!

Linda Baldwin - Eat it fatty.

Marilyn Orioux - Is that true?

Liane Lavoie - Don't talk shop.

Bonnie Miller - What's the story?

Bev Stone - Well now, I just don't know?

Lenore Herd - Guess what happened?

Wendy Comba - If that's for me I'm not home.

Mary Horner - Watch those two in the next room.

Valery Beaudry - My honey called!

Nancy Whalen - No way hosey.

Marlene McParland - Guys are all alike.

Pat Lang - Oh you just wait.

Marlene Stuart - Did you see George?

Marielle Charland - Don't give me the gears?

Nicole Damboise - Saint Sicroche.

Michael Demontigny - "I just don't know what to do with myself."

Gisele Regimbal - Oh my god.

Sue Stewart - How did I get into this?

Mrs. Dyson - Did you hear any strange noises last night?

Joanne McNally - That's a bit much!

Celine Gravel - I lost two pounds!

André Bérubé - That was a cinch!

Irene Nixon - Oh your kidding.

Beverly Hill - Hi Tigger!

Pat Toner - Well I just don't know about this.

Nancy Craig - That's precious!

Marilyn Benness - Rumour has it.

Ruth Rawn - I don't like your attitude.

Lois Tellier - Fantastic!

Louise Bradette - I'll be in 14 if anyone calls.

Shelley Rees - It's snowing. "Jingle Bells, Jingle Bells!"

Pat Mulligan - I've got to tinkle!

Cathy O'Grady - Oh my god!

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Green Carpet Treatment for the Teachers





Banding Ceremony

Sue Lew
Bernice Holeska
Lynda Young





"What have I gotten myself into?"





"Well, we have to work sometime . . ."



Mistletoe Minuette





Hard working students!





Lest we forget, there's
... and





Shhh . . .
Top
Secret!









Monique Boissoneault
North Bay



Sharon Culhane
Kirkland Lake



Jackie Fink
North Bay



Lynda Franceschini
Sudbury



Judy Cundari
North Bay



Judy Fraser
North Bay



Sharon Hewitt
South River



Regina Jacka
Blenheim

Moira Hiscock
North Bay



Claudia Kluge
North Bay





Sandra Lewis
North Bay



Collette Luxton
North Bay



Beverley Metheral
North Bay



Barbara McGugan
Sudbury



John McKee
North Bay



Grace McLaren
Rutherglen



Yvette Myre
North Bay



Dorothy O'Gorman
Renfrew

Jayne Pelletier
North Bay



Marilyn Nichols
North Bay



Elizabeth Petman
North Bay



Maxine Rolston
South River



Bonnie St. Denis
Sudbury

Gillian Stapleford
Huntsville



Beverly Ross
Moncton





Denise Shank
North Bay



Debbie Shankland
North Bay

Jane Thomson
Orillia



Debbie Wlodarek
North Bay





On behalf of the graduating class of 1971, I would like to thank each of you for coming here today to share with us a memorable occasion.

We have reached our goal and have two distinctions: being the last class to graduate from a two plus one programme and having among us the school's first male graduate student.

In September 1968, as eager high school graduates we enrolled in the school of nursing. During the first year we made firm friends; learned the basic human anatomy and principles of nursing care. What a sense of accomplishment we brought home after giving our first bed bath!

As weeks and months passed we strengthened our confidence in the ability to care for another human being. We have each been thrilled by the cry of a newborn baby, seen the smile of a healthy child as he returns home with his parents, and been saddened by the face of a man who is dying.

During the past three years we have developed a beautiful sense of togetherness as a class. Now, happily surrounded by our parents, relatives, and friends, the thought of our being alone is far away . . . yet it is a reality, for this graduation ceremony is the last time that we shall all be together.

It is with deep emotion that we express our gratitude to those who have helped us.

To Sister Sheila Anne, our Director who has guided us patiently along the way, thank you.

To Mrs. Thelma Cummings, our Interne Co-ordinator, thanks so much for listening to us during your daily ward visits . . . and on the days when nothing seemed to go right, your smile and confident word assured us that all would work out for the best.

To our first and second year teachers, nursing staff, and doctors, thank you for giving us a wealth of medical knowledge, good example, and personal interest.

We are very grateful to our parents, two special people whose encouragement and praise when we were tempted to quit inspired us to continue and hope again. We'll never forget the financial aid and the snacks that you have given us too, and always the security that someone back home was pulling for us. Thanks Mom and Dad.

May we always remember what we have learned, accept each person we meet as an important human being and truly LIVE by holding these words to heart, "I shall pass through this world but once. If, therefore, there be any kindness I can show or any good thing I can do, let me do it now, let me not defer it or neglect it for I shall not pass this way again.

Awards

For the 2 + 1 Grads



Elizabeth Pettman
For General Proficiency

Claudia Kluke
For Academic Excellence





Monique Boissonneault
For Nursing Practice

MISS GRACE McLAREN
For Nursing Practice
(Picture unavailable)



Grace - If it's you-know who, tell him I'm not here.

Gill - I wish I could go out with a guy under 30 just once!

Judy Fraser - Oh, frig!

Reg - No thanks, I don't smoke, but . . . just this once.

Shan - I've got to write Andy a letter tonight. I haven't written him since yesterday.

Jaynie - What kind of car has he got?

Marilyn - Oh, guess what you guys? Really!

Sher - Yaaaaaaaahoo!

Monique - You big dummy!

Debby Shankland - Oh you guys, I don't think I'll make it till the end of August!

Jane Thomson - Let's go skiing and have a cigarette.

Denise - Hiya! Did you see our new dog?

Moira - Roy's home this weekend so I hope I don't work evenings.

Bev R. - Comment ca who?

Bonny - Hey, Minou . . . get out of the way!

Collette - Oh, will you settle down!

Sandie - Sure, we can all fit in the jeep.

Max - Aw, that's really sharp.

Yvette - B.C. here I come!

Liz - I really love 2 West!

John - He's 4 months today, took his first step and said "Daddy!"

Barb - I don't mind.

Bev M. - Thank God I'm off--Len's home.

Claudia - This time I'm sure I failed.

Judy C. - Well, c'mon you guys, eh?

Debbie Wlodarek - I have Stan and 5 West--I'm happy!

Skini - Oh bien oui, of course he's cute, he's mine!



Elizabeth Alderdice
New Liskeard



Donna Auger
Bourlamaque, Quebec



Constance Beswitherick
Kirkland Lake



Louise Belanger
Mattawa

Sue Bedard
Drummondville,
Quebec





Sue Corbett
Englehart



Louise Desroches
Midland



Mary Edwards
Englehart

Dale Gauthier
North Bay



Maxine Durette
Corbeil





Janet Gauthier
North Bay



Diane Genier
Kapuskasing



Bernice Holeska
Englehart

Lyne Heath
Oakville



Joan Grahl
Elliot Lake





Christina Kaluga
Temiskaming



Grace Lacelle
Temiskaming



Diane Laderoute
Pembroke

Sister Jennie Maciejewski
Rouyn

Suzanne Lesieur
Temiskaming





Nadean Mangan
North Bay



Donna Mason
North Bay

Joanne Mcauley
Charlton



Catherine McCormick
Sudbury





Marilynne McDougall
Kirkland Lake



Karen Michon
McKerrow

Cheryl Norrie
North Bay



Marie Ouellette
North Bay





Beverly Purvis
North Bay



Mary Shaver
Bourlamaque

Elaine Tamminen
Kirkland Lake

Debbie Turner
North Bay





Helen Tripp
North Bay



Margaret Wilkinson
North Bay

Judith Wachsmann
Kitchener



Linda Young
North Bay





We entered St. Joseph's School of Nursing in September of 1969 with nebulous ideas of what a nurse is. After two years of hard work and soul searching we have the basic principles in our grasp. It was a difficult process beginning with the acceptance of ourselves and our attitudes; then the most important step of all, learning to accept each man as an individual with different concepts of life and living.

Nursing has been stated as the personal response to the health needs of others. A short simple statement but we have come to realize that to truly respond to the health needs of others whether they be physical, emotional, or spiritual, empathy and understanding are needed.

It has not all been hard work. Throughout our two years we enjoyed various experiences. Knowing that we helped to give hope to those patients attending the cancer clinics, the joy of seeing children from the children's aid society being placed in homes and the wonderful chance to visit Toronto. Here we visited different centres - Princess Margaret, world famous for the research in cancer; Queen's Park where we observed a session of our Provincial Legislature, and many other organizations supported by both charity and government grants. As well as educational, Toronto provided cultural development. All these experiences have helped us to understand the many functions of a nurse in society.

It seemed impossible in the beginning to attain the standards set by our school but we gradually gained confidence as we learned to give injections, do dressings, and make four beds in the time it took to make just one.

We are proud to stand here today as the graduating class of '71 but also appreciative of all those

who have helped to make this day possible. Sister Sheila Anne for her guidance, the first year instructors for laying the ground work and to all members of the medical and hospital staff who have contributed to our practical experience. To our parents and those of us who have husbands and children we say, God bless you for your loving support.

We acknowledge the privileges of being the first graduating class of the two year programme from St. Joseph's School of Nursing. When we first heard the news in October 1970, our reaction was unbounded joy - then as the implications were realized fear and apprehension overcame us. At this time we would like to thank our second year teachers, Mrs. Parrish, obstetrics, Mrs. Morel, medicine and surgery, Mrs. Zwicker, medicine, Mrs. Sobisch, psychiatry, and Mrs. Walker, pediatrics for their encouragement and moral support that has brought us to the pinnacle of our basic education with courage and self confidence.

In conclusion, I would like to quote a verse written by Helen Lowrie.

Give me the faith of adventure, Lord
The courage to try the new
The will to press on in spite of the dark
Knowing I walk with you

Give me the faith of desire and hope
The inward urge to achieve
All things are possible with you
O Lord, let me believe

Give me the faith of awareness
Of beauty everywhere
Eyes to see and ears to hear
An open heart to care

Give me a faith to live by
Joyous and unafraid
A glorious faith to match the dawn
Of this day you have made.

Awards

For 2 Year Grads



Sister Jennie Maciejewski
For General Proficiency

Helen Tripp
For Academic Excellence





Donna Auger
For Nursing Practice

MISS BERNICE HOLEKSA
For Nursing Practice
(Picture unavailable)



Liz - Don't get me up 'til 6:30
Mary E. - Who's going pubbing?
Connie: I'm stoic - I never get mad.
Louise D. - I'm lonesome - Come talk to me.
Chris K. - Let's go (to T.O.)
JoAnne - Oh my God.
Judy - You mean we can sleep in tomorrow.
Karen - I must be French.
Lynn - Did John call?
Marilyn - Doogy!
Diane L. - If he doesn't write -
Joan - Beards are beautiful
Louise B. - And he loves me
Cathy - I don't know
Nadean - I'm going to bed -
Janet - Hockey - Gees!
Sue B. - Morning Sunshine!
Donna A. - (no saying due to the fact that she is too busy studying)
Mary S. - Eat your nose
Grace L. - Work is an effort
Diane G. - Can't win them all
Sue L. - And that's not very funny
Elaine - Don't use my father's name in vain Sue.
Donna M. - I'm a lady!
Maxine - My skirts not too short??
Bernice - Well, I guess so.
Marg - Who's going to Toronto?
Dale - See the horse
Lynda - Marg
Bev - My hubby misses me.
Marie - C'est pas vrai, eh?
Debbie - I wonder what Rhéal's doing tonight
Sister - She's a riot!
Sue C. - That hill's a big climb.
Cheryl - Here comes that Jim Norrie who owns that little yellow bug that I love so much.

Graduation weekend begins with a banquet and dance for graduates, parents and special guests.

Graduates of the 2+1 course celebrated on Friday, June 18 at Pinewood Motor Inn's Founder's Room.

Graduates of the 2 year course celebrated on Saturday, June 19 at the GOLDEN DRAGON.

At Pinewood, Debby Shankland thanks all who have helped through training.

Sister Sheila Anne gives some inspirational thoughts.





"The Impossible Dream" was the theme of the dance at Pinewood, and music was provided by Norm Mauro's Orchestra.





Today's the big day - Sunday, June 20! Last minute preparations are made in the Pro Cathedral basement.



Then we happily make our way upstairs.



Parents and friends proudly watch as we march down the aisle and take our places.



Dr. Paine brings greetings from the
School of Nursing Management Committee.





John McKee
receives his diploma
from Sister Sheila Anne
Spooner, Director.



Nadean Mangan
receives her diploma.

THE WORLD HAS NEED OF YOU

If it's ever so small the part you take,

The world has need of you

Be it big or little the effort you make,

The world has need of you.

If it's only a thought you give by the way,

If it's only love's word you pause to say,

It's a part that nobody else can play,

So the world has need of you.

By your smile you can change another's life;

The world has need of you.

By a word you can bring peace out of strife;

The world has need of you.

Then lift your head and never say die;

Count your blessing, stop every sigh.

Get busy . . . don't let a chance slip by,

For the world has need of you.

Evelyn Whitell

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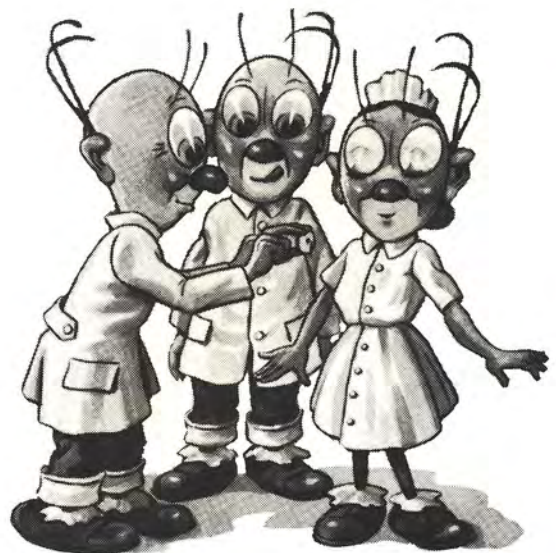
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ONWARD WE CLIMB TOGETHER

CLIMB TILL YOUR DREAM COMES TRUE

Often your tasks will be many,
And more than you think you can do...
Often the road will be rugged
And the hills insurmountable too...
But always remember, the hills ahead
Are never as steep as they seem,
And with Faith in your heart start upward
And climb till you reach your dream,
For nothing in life that is worthy
Is ever too hard to achieve.
If you have the courage to try it
And you have the faith to believe...
For Faith is a force that is greater
Than knowledge or power or skill
And many defeats turn to triumph
If you trust in God's wisdom and will...
For Faith is a mover of mountains,
There's nothing that God cannot do,
So start out today with Faith in your heart
And "climb till your dream comes true."

