



Lifetime Achievement Award for Honoring a Leader 2024

Sandra Carlton
Kingston, Ontario



Sandra Carlton is well known across the landscape of Canadian Catholic health for her passion, education and leadership in mission, values, and service. In her 35-year career, she has worked in leadership roles at Kingston General Hospital, Providence Care, and Kingston Health Sciences Centre.

In the words of the nominator:

“Sandra demonstrates the importance of recognizing individuals and makes it her personal business to know people by name and the circumstances of their

lives. She takes time to regularly check in with people in the hospital hallways and has become well known in the community for her genuine kindness and has often been referred to as the “heart” of the organization.”

In 2014, Sandra received the CHAC Midcareer Leadership Award, now called Leaders of Tomorrow. Now, 10 years later, CHAC is very proud to present Sandra with the Lifetime Achievement Award.